

**I Know I'm In There Somewhere: A Woman's Guide To
Finding Her Inner Voice And Living A Life Of
Authenticity By Helene Brenner**

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The Authentic Heart: An Eightfold Path to Midlife Love by John Amodeo. I Know I'm in There Somewhere: A Woman's Guide to Finding Her Inner Voice and Living a Life of The Radical Acceptance of Everything: Living a Focusing Life

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France: Les Presses du Reel. Brenner, H. G. (2003). I know I'm in there somewhere: A woman's guide to finding her inner voice and living a life of authenticity.

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Helene is co-author of “I Know I'm in There Somewhere: A Woman's Guide to Finding Her Inner Voice and Living a Life of Authenticity”, and has led Focusing

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