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Hearty lentil borscht | lisa's kitchen | vegetarian recipes | cooking

Bring in the root vegetables for a nourishing dish to fight off that perpetual chill. This soup was inspired and adapted from The Great Vegan Bean Book by Kathy Hester. Adapted from The Great Vegan Bean Book: More than 100 Delicious Plant-Based Dishes Packed with the Kindest Protein in Town!

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Beans - canned time

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Black bean fudge pops & great vegan bean book - cara's cravings

Recipe courtesy of The Great Vegan Bean Book by Kathy Hester. salad I quickly threw together and which became dinner for a couple nights with simple grilled protein. in her new book, The Great Vegan Bean Book: More than 100 Delicious Plant-Based Dishes Packed with the Kindest Protein in Town!

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